

Friday Bulletin

News from the Alaska State Libraries, Archives & Museums

9/9/2016

This newsletter is available weekly and previous issues are available at <http://lam.alaska.gov/fridaybulletin>.

Submissions for the Friday Bulletin should be sent to patience.frederiksen@alaska.gov and may be edited for content and length if used.

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NEWS FROM THE DIVISION

OWL WEEK OF 8/29/2016: TRADITIONS, FRENCH, INQUIPIAQ AND HEARINGS

Last week the OWL videoconference network facilitated hearings, French and Inupiaq language groups, and a discussion on "Keeping Our Traditions Alive Through Science."

If you're a library wishing to schedule a videoconference, use the [Videoconference Request Form](#).

If you're an agency or organization wishing to use the OWL Videoconference Network for either group or one on one video conferencing to save travel dollars, contact your local library or OWL Program Manager Daniel Cornwall at daniel.cornwall@alaska.gov.

See what's on tap in the coming weeks on the OWL Videoconferencing Network by visiting <http://library.alaska.gov/dev/owl.html>

ARTIFACT OF THE MONTH: BIRCH BASKET BY TERI ROFKAR (TLINGIT)

The Sheldon Jackson Museum in Sitka has a new Artifact of the Month for September:

Featured Artifact



SEPTEMBER ARTIFACT OF THE MONTH

birch basket by Teri Rofkar (Tlingit)

Learn more about our [artifact this month \[PDF\]](#).

The Museum also has an [archive of previous Artifacts of the Month](#).

NEWS FROM L.A.M.S IN ALASKA

GET YOUR AKLA 2017 CONFERENCE PROPOSALS IN BY 9/30!

The AkLA 2017 conference planning committee is now [accepting program proposals](#) for the upcoming annual state conference in Ketchikan in February 2017.

Program proposals should be submitted by Sept. 30, and submissions will receive a response from the planning committee by Oct. 31.

For more information about the conference and the fun, friendly community of Ketchikan, please go to the [website](#). Hat tip to Lisa Pearson for this item.

OTHER ANNOUNCEMENTS

SEPTEMBER IS LIBRARY CARD SIGN UP MONTH!

Have you asked someone you know to sign up for a library card if they don't have one? It's a great investment. Information and promotional materials available at <http://www.ala.org/conferencesevents/celebrationweeks/card>.

SEPTEMBER IS SUICIDE AWARENESS MONTH: CARELINE 1-877-266-4357 (HELP)

Governor Walker has proclaimed [September 2016 Suicide Prevention Month](#). If you or someone you know is thinking about suicide, call Careline at 1-877-266-4357 (HELP). Careline also has a website at <http://carelinealaska.com/> with resources on suicide awareness and prevention.

Careline notes people most at risk and some of the warning signs of suicide:

Who is at risk?

The people most at risk for completing suicide are those who:

- Feel hopeless, helpless, worthless, trapped or intolerably alone.
- Have a firearm in the home. Have increased their use of alcohol or are binge drinkers.
- Have attempted suicide in the past.
- Have been exposed to the suicide of another person.
- Have a history of violence.
- Have become isolated from friends, family, society and support systems.
- Are not receiving the mental health care they need.

What are the warning signs?

Some warning signs may include:

- Threatening to hurt or kill oneself, or talking about wanting to hurt or kill oneself.
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means.
- Talking or writing about death, dying, or suicide.
- Acting recklessly or engaging in risky activities—seemingly without thinking.
- Experiencing dramatic mood changes.

For more warning signs and risk factors, visit the Juneau Suicide Prevention Coalition site:
<http://www.juneausuicideprevention.org/WarningSigns.htm>

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